



Spain 2019
Para
World Sailing
Championships



MASSAGES:

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| 1. Relaxing Massage | (30 min: 40€ - 60 min: 60€) |
| 2. Loosening | (30 min: 40€ - 60 min: 60€) |
| 3. Sport Massage: Pre & Post-Competition | (30 min: 40€ - 60 min: 60€) |
| 4. Pregnant Massage | (30 min: 40€ - 60 min: 60€) |

MANUAL THERAPIES AND CORPORALS TREATMENTS

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| 5. Foot Reflexology | (45 min: 45€) |
| 6. Lymphatic Drainage | (45 min: 45€) |
| 7. Osteopathy – Cranial Sacral Therapy | (50 min: 50€) |
| 8. Inner Harmony: Reflexology + Reiki | (60 min: 55€) |
| 9. Total Relax: Full Body Massage | (60 min: 55€) |
| 10. Aromatherapy Massage | (60 min: 55€) |
| 11. Reiki | (50 min: 35€) |

FACIAL CARE

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| 12. “Lifting” Japanese Style Facial Massage with Rosehip Oil (50min: 55€) |
| 13. Anti-Aging: Facial Massage reduces bags and dark circles under the eyes as well as inflammation (45min:50€) |

For reservations: please email reservas@hotelpuertosherry.com or dial +34 956 87 20 00.
We will be happy to assist you